What Does and What Doesn’t Count?

You may be wondering: What counts as a Hands-Only CPR event or Hands-Only CPR group video viewing?

That’s a good question!
The AHA aims to capture numbers of people educated. This means people who watched a short CPR demo video and learned the skills. Or people who attended a sidewalk CPR event where they received in-person Hands-Only CPR instruction and then were able to practice on a manikin for several minutes.

We want to count only people who learned enough to act confidently in an emergency and be prepared to save a life. We require participants to keep records, including rosters, for one year. This ensures that you’ll be able to provide documentation if your site is selected by the AHA to audit.

If you have more questions about what counts, email CommunityCPRData@heart.org.

About the Community CPR Tracker

The AHA set some important 2020 health impact goals. **By 2020, we aim to train 20 million people in the lifesaving skills of CPR.** And, we want to double the out-of-hospital bystander CPR rate, from 31% to 62%. We can achieve these goals, but only with your help! To capture how many laypeople we’ve educated, we’ve created a self-service online Community CPR Tracker. This tracker will allow the AHA to collect standardized data on community CPR education activities.

Why Should You Participate?

You should participate because your efforts are essential to our shared mission of empowering more bystanders to act in an emergency. You are educating people in the lifesaving skills of CPR…why wouldn’t you want to record that achievement? Your efforts deserve to be seen and recognized. In addition, we’ve added an incentive to help you decide to join the crowd!

Each time an event is added, the event facilitator name will be entered into a raffle. The AHA will randomly select one winner each quarter: March 31, June 30, September 30, and December 31. The winning facilitator will receive a $250 Visa Gift Card to use toward his or her next Community CPR Education Activity. ($250 could buy 50 Subway sandwiches for participants, 6 CPR Anytime® kits, or 83 jump ropes for physical education class!)

How Does the Community CPR Tracker Work?

The Community CPR Tracker is online, so it’s available 24/7 at your convenience. Everyone can participate because it’s free and easy to use. CPR education activities can be added on any day, at any time, by anyone. Once you add your activity, there’s nothing more for you to do. We do the rest! The AHA will audit the entries within 48 hours of your submission and contact you if we have any questions or need more information about a certain activity. We’ll calculate national education totals in June of every year, ensuring that your entries are included.

The map has a real-time counter showing how many people have been trained in CPR to date. You can also search the map by zip code, radius, start date, end date, or training types to see where lifesavers have been trained in your community or other communities.

Meet Tommy Watson

At age 13, he began educating people in his community about the lifesaving skills of Hands-Only™ CPR.

To date, Tommy has single-handedly taught CPR to more than 1,500 people. Tommy is one amazing CPR champion, and his efforts matter greatly! At the American Heart Association, we want to hear from all CPR champions, in every community, urban or rural. We want your CPR education efforts to be counted and recognized, and we want to record your impact on our map.
Get Started

Are you ready to take the next step and join us? Would you like to add an event or just search the map for data in your community? Give the Community CPR Tracker a try today. It’s simple—we promise.

**FOLLOW THESE STEPS TO ADD AN EVENT:**
1. Go to [www.heart.org/CommunityCPRTracker](http://www.heart.org/CommunityCPRTracker).
2. Select “First Time Users—Click Here.”
3. Complete all of the fields (required fields are marked with a red asterisk).
4. Click “Submit.”

Congratulations! You’ve recorded your first CPR education activity. To add more activities after the first time, simply go to [www.heart.org/CommunityCPRTracker](http://www.heart.org/CommunityCPRTracker) and log in as a returning user.

**FOLLOW THESE STEPS TO SEARCH THE MAP:**
1. Go to [www.heart.org/CommunityCPRTracker](http://www.heart.org/CommunityCPRTracker).
2. Enter your zip code in the search bar next to the map, and click your ENTER key.
3. Or select “Filter Centers Based On” and add additional criteria.

Searching the map is fun and easy!

Who Can Participate?

- **AHA TRAINING NETWORK**
- **AHA VOLUNTEERS AND STAFF**
- **COMMUNITY MEMBERS**
- **SCHOOL-BASED PARTICIPANTS**

Thank You!

We are so thankful for the thousands of people, just like Tommy Watson, who are educating people in the lifesaving skills of CPR. Thank you for allowing us to recognize your efforts, and thank you for sharing the mission to train 20 million people by 2020. *You make a difference!*

American Heart Association®

**life is why**